



Here are some resources.

Need help with rent, medical bills, utilities, disaster relief?

- Call Interfaith Community Outreach at 252-480-0070

<https://www.interfaithoutreach.com/home/>

Food stamps? Rent assistance?

- Call the Department of Social Services at 252-232-3083

<https://co.currituck.nc.us/departments/social-services/>

Domestic abuse?

- Call Hopeline at 877-235-4525 <https://www.hopeline-nc.org/>

Legal aid?

- Call Legal Aid of North Carolina at 866-219-5262 <https://www.legalaidnc.org/>

Substance abuse?

- Call NC Dept. Of Health and Human Services at 800-662-7030
<https://www.ncdhhs.gov/assistance/mental-health-and-substance-abuse> or the
Crisis hotline at 866-437-1821 (24 hours a day, 7 days a week)

Food insecurity?

- Lower Currituck Food Pantry <https://lowercurrituckfoodpantry.weebly.com/>

Mental health issues? Developmental disabilities? Substance abuse?

- Call Integrated Family Services, Mobile Crisis Team at 866-437-1821
(24 hours a day, 7 days a week)

<http://www.integratedfamilyservices.net/services/mobile-crisis-management/>