



# Women's Spiritual Life Retreat

**"Finding Strength for the Journey:  
Lessons from Ruth, Miriam and Mary Magdalene"**

**Saturday, October 28, 2023 ♦ 9:00 am – 2:30 pm ♦ Sharon United Methodist Church**



## **Meet the Facilitator – Rev. Dr. Anne Walker Sims**

Rev. Dr. Anne Walker Sims is currently the pastor of Oriental United Methodist Church in the sailing capital of North Carolina. While some might consider the small community of Oriental to be insignificant, it is a center for the arts, fishing, sailing, music, volunteerism, and ministry in Pamlico County. She's been a pastor since 1999 and has served in cities, towns, and rural areas from the counties north of Durham to the coast, where she feels most at home. Dr. Sims grew up in Virginia Beach, which explains her love for salt water and sea creatures. She met her husband, Rev. Ben Sims, while a student at Duke Divinity School, and they've been married nearly 25 years. She earned a D. Min. from Drew University's Theological School, studying 21st century church leadership and how sharing our stories brings us closer to one another. She's currently earning a certificate in Spiritual Formation and has a passion for using ancient and modern contemplative practices to give us strength to face the challenges of our present time.